

# Holy Communion



*The Book of Common Prayer (2019)  
Anglican Standard Text*

**Welcome!** This booklet contains the text for the service today. Instructions are in *italics*, and the congregation says the words in **bold** together. The readings and the psalm for today are in the insert sheet. If you have questions about what to do, any of us will be happy to show you.

If you would like more information about the service, an introductory booklet is available by the entrance.



## Opening Processional Hymn

*see Scripture insert*

*The People standing, the Celebrant says*

*Celebrant* Bless the Lord who forgives all our sins.

*People* **His mercy endures forever.**

## The Collect for Purity

*The Celebrant prays (and the People may be invited to join)*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

**Amen.**

## The Decalogue

*All kneel as able.*

*Celebrant* God spoke these words and said:

I am the LORD your God.

You shall have no other gods but me.

*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not make for yourself any idol.

*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not take the Name of the LORD your God in vain.

*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* Remember the Sabbath day and keep it holy.

*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* Honor your father and your mother.

*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not murder.  
*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not commit adultery.  
*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not steal.  
*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not bear false witness against your  
neighbor.  
*People* **Lord, have mercy upon us,  
and incline our hearts to keep this law.**

*Celebrant* You shall not covet.  
*People* **Lord, have mercy upon us,  
and write all these, your laws,  
in our hearts, we beseech you.**

*Exodus 20:1–17; Deuteronomy 5:6–21*

*The Exhortation may be said.*

## **The Confession and Absolution of Sin**

*The Deacon or other person appointed says the following*

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God. *Silence*

*The Deacon and People kneel as able and pray*

**Almighty God, Father of our Lord Jesus Christ,  
maker and judge of us all:**

**We acknowledge and lament our many sins and offenses,  
which we have committed by thought, word, and deed  
against your divine majesty,  
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;  
the burden of them is more than we can bear.**

**Have mercy upon us,**

**Have mercy upon us, most merciful Father;**

**for your Son our Lord Jesus Christ's sake,**

**forgive us all that is past;**

**and grant that we may evermore serve and please you in  
newness of life,**

**to the honor and glory of your Name;**

**through Jesus Christ our Lord. Amen.**

*The Bishop or Priest stands and says*

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## **The Comfortable Words**

*The Celebrant may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

*Matthew 11:28*

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

*John 3:16*

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world. *1 John 2:1-2*

## The Kyrie

Ky - ri - e e - le - i - son.  
Chri - ste e - le - i - son.  
Ky - ri - e e - le - i - son.

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* **And with your spirit.**

*Celebrant* Let us pray.

*The Celebrant prays the Collect (see Scripture insert).*

*People* **Amen.**

## The Old Testament Lesson

A Reading from \_\_\_\_\_.

*After the Lesson the Reader may say*

The Word of the Lord.

*Answer* **Thanks be to God.**

## The Psalm

*see Scripture insert*



## The Gospel

All standing, the Deacon or Priest reads the Gospel, first saying

✠ The Holy Gospel of our Lord Jesus  
Christ according to \_\_\_\_\_.

People **Glory to you, Lord Christ.**

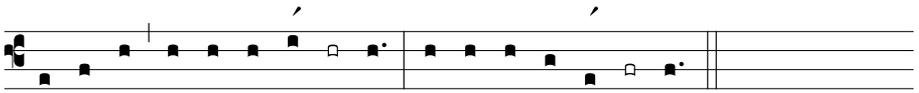
After the Gospel, the reader says

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

## Sequence Hymn

*Kyrie Pantokrator, Tone II (vv8–14)*



\*

- 8 *And now, O Lord,* I bend the knee of my **heart,** \*  
and make my appeal, sure of your *gra-cious* **good**-ness.
- 9 I have sinned, O Lord, I have **sinned,** \*  
and I know my wickedness *on-ly* **too** well.
- 10 Therefore I make this prayer to **you:** \*  
Forgive me, *Lord,* **forgive** me.
- 11 Do not let me perish in my **sin,** \*  
nor condemn me to the depths *of* **the** earth.
- 12 For you, O Lord, are the God of those who re-**pent,** \*  
and in me you will show forth *your* **good**-ness.
- 13 Unworthy as I am, you will save me,  
in accordance with your great **mer**-cy, \*  
and I will praise you without ceasing all the days *of* **my** life.
- 14 For all the powers of heaven sing your **prais**-es, \*  
and yours is the glory to ages of a-*ges.* **A**-men.

## The Sermon

## The Nicene Creed

*All stand to recite the Nicene Creed, the Celebrant first saying*

Let us confess our faith in the words of the Nicene Creed:

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,  
the only-begotten Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scrip-  
tures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one Baptism for the forgiveness of sins.  
We look for the resurrection of the dead, ☩ and the life of  
the world to come. Amen.**

## The Prayers of the People

*The Deacon or other person appointed says these prayers.*

Let us pray for the Church and for the world.

Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially *N.*, our President, that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, and especially to your servants *Foley*, our Archbishop; *Ryan*, our Bishop; and *Bryan*, our Priest, that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially \_\_\_\_\_].

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

We remember before you all your servants who have departed this life ✠ in your faith and fear, [especially \_\_\_\_\_,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [N. and] all your saints, that we may share with them in your heavenly kingdom.

*Silence*

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

*The Congregation is invited to offer additional prayers of intercession and thanksgiving, both silently and out loud. The Celebrant concludes with this or some other appropriate Collect.*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

*All stand.*

## **The Peace**

*Celebrant* The Peace of the Lord be always with you.

*People* **And with your spirit.**

*Then the Ministers and People may greet one another in the Name of the Lord.*

## The Offertory

*The Celebrant may begin the Offertory with one of the provided sentences of Scripture.*

*During the Offertory a hymn, psalm, or anthem may be sung. The Deacon or Priest prepares the Holy Table for the celebration. Representatives of the Congregation may bring the People's offerings of bread and wine, and money or other gifts, to the Deacon or Priest.*

*The People stand while the offerings are presented. The following may be said.*

*Celebrant* All things come from you, O LORD,  
*People* **and of your own have we given you.**

## The Sursum Corda

*The People remain standing. The Celebrant faces them and sings or says*

The Lord be with you.

*People* **And with your spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

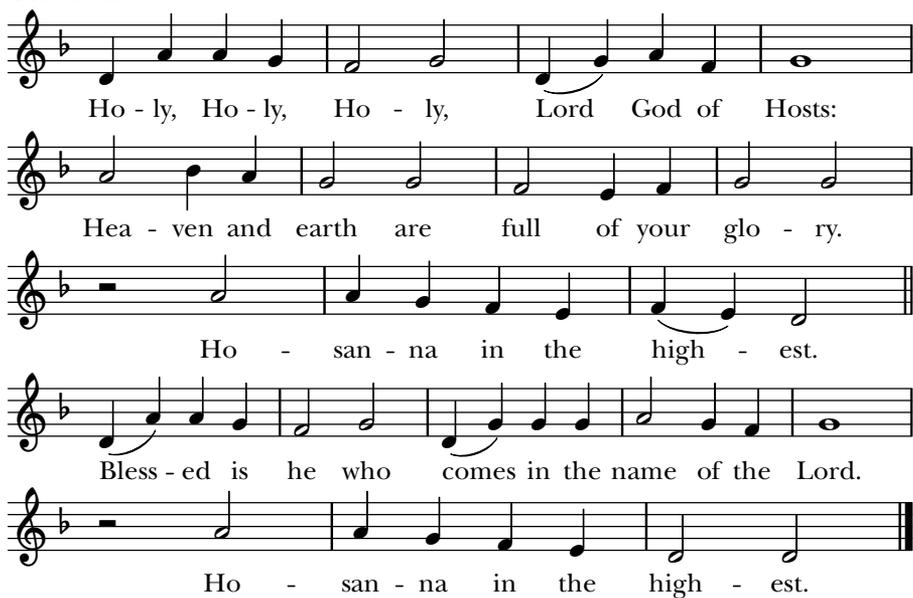
*The Celebrant continues*

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is normally sung or said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## The Sanctus



Ho - ly, Ho - ly, Ho - ly, Lord God of Hosts:  
Hea - ven and earth are full of your glo - ry.  
Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord.  
Ho - san - na in the high - est.

*The People stand or kneel. The Celebrant continues*

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again. ✠

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

For on the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." ✠ ✠ ✠

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me.” ✠ ✠ ✠

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly ✠ benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever.

**Amen.** ✠

## The Lord's Prayer

*The Celebrant then says*

And now as our Savior Christ has taught us, we are bold to pray:

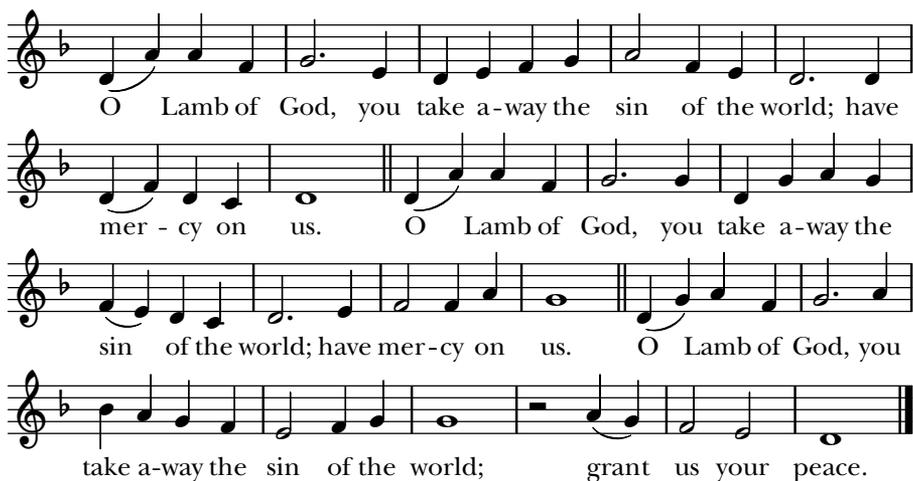


Our Father, who art in hea-ven, hal-low - ed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our dai-ly bread. And for-give us our trespass-es,  
as we for - give those who tres - pass a - gainst us.  
And lead us not in - to tempta - tion, but de-liv-er us from e - vil.  
For thine is the kingdom, and the power, and the glo - ry,  
for ev - er and ev - er. A - men.

## The Fraction

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

## The Agnus Dei



O Lamb of God, you take a-way the sin of the world; have  
mer - cy on us. O Lamb of God, you take a-way the  
sin of the world; have mer-cy on us. O Lamb of God, you  
take a-way the sin of the world; grant us your peace.

## The Prayer of Humble Access

*Celebrant and People together say*

**We do not presume to come to this your table, O merciful Lord,  
trusting in our own righteousness,  
but in your abundant and great mercies.**

**We are not worthy so much as to gather up  
the crumbs under your table;  
but you are the same Lord  
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**

## The Ministration of Communion

*Facing the People, the Celebrant may say the following invitation*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are invited to the marriage supper of the Lamb. *John 1:29, Revelation 19:9*

*The Ministers receive the Sacrament in both kinds, and then immediately deliver it to the People. All visitors who have been baptized with water, in the name of the Father, Son, and Holy Spirit, and who have been admitted to Communion in their own church, are welcome to share the Holy Eucharist. If you are not baptized, you may come forward at the time of Communion and cross your hands over your chest to receive a blessing.*

*The Bread and Cup are given to the communicants with these words*

The Body of our Lord Jesus Christ, which was given for you, preserve your body and soul to everlasting life. **Amen.**

The Blood of our Lord Jesus Christ, which was shed for you, preserve your body and soul to everlasting life. **Amen.**

### Communion Hymn

*see Scripture insert*

### The Post Communion Prayer

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People together say the following*

**Almighty and everliving God,  
we thank you for feeding us, in these holy mysteries,  
with the spiritual food of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us, through this Sacrament, of your favor and  
goodness towards us:  
that we are true members of the mystical body of your Son,  
the blessed company of all faithful people;  
and are also heirs, through hope,  
of your everlasting kingdom.**

**And we humbly ask you, heavenly Father,  
to assist us with your grace,  
that we may continue in that holy fellowship,  
and do all the good works that you have prepared for us to  
walk in;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be all honor and glory, now and for ever. Amen.**

*In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used as follows: The Celebrant says*

**Bow down before the Lord.**

*The People kneel and the Celebrant says a solemn prayer over the People as appropriate to the Lenten week.*

**Closing Processional Hymn**

*see Scripture insert*

**Closing Prayer**

*The Celebrant says*

**Blessed, praised, worshiped, hallowed, and adored be Jesus Christ on his throne of glory in heaven, in the most holy sacrament of the altar, and in the hearts of his faithful people, and may the souls of the faithful departed, through the mercy of God, rest in peace. ✠ And may light perpetual shine upon them. Amen.**

## The Dismissal

*The Deacon, or the Priest, dismisses the People with these words*



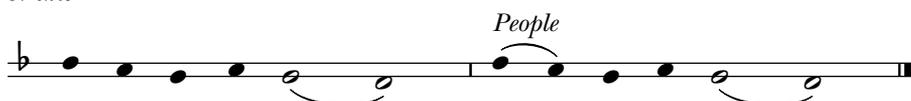
Let us go forth in the name of Christ. **Thanks be to God.**

*or this*



Go in peace to love and serve the Lord. **Thanks be to God.**

*or this*



Let us bless the Lord. **Thanks be to God.**



Parish announcements are made in the Weekly Communiqué, which is delivered by email each Monday. If you wish to sign up for the Communiqué, please see Fr. Bryan or send him an email at [fr.bryan.stewart@gmail.com](mailto:fr.bryan.stewart@gmail.com).

Holy Cross Anglican Church is a traditional fellowship committed to worship God, serve others, share the gospel, and grow disciples in the transforming love of Jesus Christ.

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